

## REQUEST FOR CLARIFICATION/INTERPRETATION

<b>TO:</b>	Name and Title: Jannis Conselyea	<b>FROM:</b>	Name and Title:
	Organizational Unit: Program Support Bureau		Organizational Unit:
	Address: 111 Sanders, Helena, Mt		Address:

1. TYPE OF REQUEST: ☐ Follow-up to Verbal Request - Date of Verbal Request: \_\_\_\_\_ ☒ Written Request

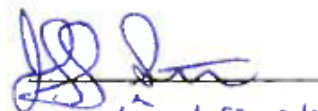
2. STATEMENT OF QUESTION OR ISSUE: Can Massage Therapy be paid for through a service recipient's cost plan?

### References:

ANSWER: The benefits of massage therapy, according to research conducted by the Developmental Disabilities Program Medical Director are modest, temporary and inconsistent. For things such as contractures, muscle spasm and pain, there are qualified physical therapists who have been specifically trained to work on these issues. Training of massage therapists varies greatly depending upon which school the massage therapist attends. Therefore until further scientific studies have shown proof of benefits over traditional treatment by physical therapists the Developmental Disabilities Program will not pay for Massage Therapy from an individual's cost plan.

### References:

Approved and Issued by:

  
Program Director  
Date: 5-18-10

<b>STATE USE ONLY</b>	4: DISTRIBUTION:  One Copy: _____ One Copy: _____ One Copy: _____ Additional Copies: <input type="checkbox"/> _____  Requestor Manual Coordinator Division Files	5: FOLLOW-UP: <input type="checkbox"/> To be issued as Bulletin to: _____ (Division Administrator) <b>Manual. Expected Date of Issuance:</b> _____ <input type="checkbox"/> A.R.M. Change <input type="checkbox"/> State Plan Change
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